

Event Men's 200m - Race 1

| 17 | Posn | Bib | Athlete | City | Perf | Points | MCC | PBs | Total |
|----|------|-----|-----------------|---------------------|-------|--------|-----|-----|-------|
| | 1 | 3 | Liam CLOWES | Manchester Warriors | 21.88 | | | | |
| | 2 | 6 | Gareth HOPKINS | Cardiff Dragons | 21.99 | | | | |
| | 3 | 7 | Hamiim LUBEGA | London North Lions | 22.25 | | | | |
| | 4 | 5 | Ryan FARRINGTON | Birmingham Falcons | 22.69 | | | | |

Event Men's 200m - Race 2

| 19 | Posn | Bib | Athlete | City | Perf | Points | MCC | PBs | Total |
|----|------|-----|---------------|------------------|-------|--------|-----|-----|-------|
| | 1 | 2 | Richard KILTY | Newcastle Angels | 21.48 | ACE | | | |
| | 2 | 4 | Chris CRAIG | Sheffield Flames | 21.67 | | | | |
| | 3 | 1 | David MARTIN | Glasgow Cobras | 22.31 | | | | |
| | 4 | | | | | | | | |

Event Men's 200m

| 17&19 | Posn | Bib | Athlete | City | Perf | Points | MCC | PBs | Total |
|-------|------|-----|-----------------|---------------------|-------|--------|-----|------|-------|
| | 1 | 2 | Richard KILTY | Newcastle Angels | 21.48 | ACE | 16 | 1.27 | 17.27 |
| | 2 | 4 | Chris CRAIG | Sheffield Flames | 21.67 | | 7 | 1.08 | 9.08 |
| | 3 | 3 | Liam CLOWES | Manchester Warriors | 21.88 | | 6 | 0.87 | 6.87 |
| | 4 | 6 | Gareth HOPKINS | Cardiff Dragons | 21.99 | | 5 | 0.76 | 6.76 |
| | 5 | 7 | Hamiim LUBEGA | London North Lions | 22.25 | | 4 | 0.5 | 4.5 |
| | 6 | 1 | David MARTIN | Glasgow Cobras | 22.31 | | 3 | | 4 |
| | 7 | 5 | Ryan FARRINGTON | Birmingham Falcons | 22.69 | | 2 | | 2 |
| | 8 | | | | | | | | |

