

Bib	Athlete	Club	Terr	100m Hurdles				High Jump				Shot				200m				B/fwd
				Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	
8	Catherine Holdsworth	Colchester Harriers		13.95	985	985	2	1.65	795	1.780	1	11.48	627	2.407	1	26.07	791	3.198	1	3.198
21	Gemma Weetman	Oswestry Olympians	Midlands	14.77	872	872	5	1.62	759	1.631	5	10.47	560	2.191	5	26.01	796	2.987	5	2.987
15	Laura McGawn	Windsor Slough Eton & H	Midlands	15.05	835	835	6	1.56	689	1.524	8	10.37	554	2.078	8	25.57	835	2.913	8	2.913
22	Louise Wood	Chelmsford AC		13.70	1.021	1.021	1	1.41	523	1.544	7	11.11	602	2.146	7	24.97	890	3.036	3	3.036
3	Lydia Chamberlin	Lincoln Wellington	Northern	15.07	832	832	7	1.71	867	1.699	3	11.09	601	2.300	2	26.11	788	3.088	2	3.088
14	Eleanor Markendale	Pendle AC	Northern	15.40	790	790	8	1.65	795	1.585	6	10.59	568	2.153	6	26.22	778	2.931	7	2.931
20	Jessica Taylor	Sale Harriers Manchester	Northern	15.47	781	781	9	1.56	689	1.470	9	9.96	527	1.997	10	25.59	833	2.830	9	2.830
5	Karla Drew	Team Southampton		14.33	932	932	3	1.68	830	1.762	2	9.54	499	2.261	3	26.90	720	2.981	6	2.981
19	Serita Shone	Bournemouth AC		16.10	702	702	11	1.59	724	1.426	11	11.21	609	2.035	9	26.60	745	2.780	10	2.780
16	Helen Morton	Horsham Blue Star H		15.60	764	764	10	1.56	689	1.453	10	8.91	458	1.911	11	27.00	712	2.623	11	2.623
6	Natalie Farman	Herts Phoenix AC		16.13	698	698	12	1.56	689	1.387	12	9.18	476	1.863	12	28.13	621	2.484	12	2.484
17	Heidi Nicholas	Basildon AC		16.37	670	670	13	1.53	655	1.325	14	7.45	364	1.689	15	26.79	729	2.418	14	2.418
7	Sharon Heveran	Ireland	Welsh	18.47	441	441	15	1.65	795	1.236	15	10.15	539	1.775	14	28.11	622	2.397	15	2.397
12	Katia Lannon	Sale Harriers Manchester	Northern	14.72	879	879	4	1.62	759	1.638	4	11.05	598	2.236	4	26.37	765	3.001	4	3.001
11	Hayley Kruse	Herts Phoenix AC		16.39	667	667	14	1.56	689	1.356	13	9.25	480	1.836	13	28.33	605	2.441	13	2.441
18	Jo Rowland	Crawley AC		DNF			16	1.56	689	689	16	11.35	618	1.307	16	27.32	685	1.992	16	1.992

Bib	Athlete	Club	Terr	B/fwd	Long Jump				Javelin				800m			
					Day 1	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.
8	Catherine Holdsworth	Colchester Harriers		3.198	5.88	813	4.011	1	40.61	679	4.690	1	02:27.00	731	5.421	1
21	Gemma Weetman	Oswestry Olympians	Midlands	2.987	5.88	813	3.800	4	33.63	546	4.346	3	02:16.55	871	5.217	2
15	Laura McGawn	Windsor Slough Eton & H	Midlands	2.913	5.44	683	3.596	8	39.03	649	4.245	5	02:19.31	833	5.078	3
22	Louise Wood	Chelmsford AC		3.036	5.78	783	3.819	3	34.40	560	4.379	2	02:29.99	693	5.072	4
3	Lydia Chamberlin	Lincoln Wellington	Northern	3.088	5.77	780	3.868	2	28.93	456	4.324	4	02:35.60	624	4.948	5
14	Eleanor Markendale	Pendle AC	Northern	2.931	5.58	723	3.654	5	29.11	460	4.114	6	02:30.43	687	4.801	6
20	Jessica Taylor	Sale Harriers Manchester	Northern	2.830	5.59	726	3.556	9	27.84	436	3.992	7	02:26.86	733	4.725	7
5	Karla Drew	Team Southampton		2.981	5.26	631	3.612	6	22.48	335	3.947	8	02:34.41	639	4.586	8
19	Serita Shone	Bournemouth AC		2.780	5.26	631	3.411	10	25.18	386	3.797	9	02:37.12	606	4.403	9
16	Helen Morton	Horsham Blue Star H		2.623	5.08	581	3.204	11	29.15	461	3.665	10	02:33.62	648	4.313	10
6	Natalie Farman	Herts Phoenix AC		2.484	5.19	612	3.096	12	30.45	485	3.581	12	02:37.22	605	4.186	11
17	Heidi Nicholas	Basildon AC		2.418	5.00	559	2.977	13	20.89	305	3.282	14	02:45.39	513	3.795	12
7	Sharon Heveran	Ireland	Welsh	2.397	4.94	543	2.940	14	27.18	423	3.363	13	02:54.59	417	3.780	13
12	Katia Lannon	Sale Harriers Manchester	Northern	3.001	5.17	606	3.607	7			3.607	11			3.607	14
11	Hayley Kruse	Herts Phoenix AC		2.441	4.59	451	2.892	15	25.28	388	3.280	15			3.280	15
18	Jo Rowland	Crawley AC		1.992	5.26	631	2.623	16	30.19	480	3.103	16	DNS		*	

Women's 100m Hurdles - Race 1				Wind =	+1.0 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	19	Serita Shone	Bournemouth AC		16.10	702
2	6	Natalie Farman	Herts Phoenix AC		16.13	698
3	17	Heidi Nicholas	Basildon AC		16.37	670
4	11	Hayley Kruse	Herts Phoenix AC		16.39	667
5	7	Sharon Heveran	Ireland		18.47	441
6	18	Jo Rowland	Crawley AC		DNF	
7						
8						

Women's 100m Hurdles - Race 2				Wind =	-0.2 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	15	Laura McGawn	Windsor Slough Eton & H		15.05	835
2	3	Lydia Chamberlin	Lincoln Wellington		15.07	832
3	14	Eleanor Markendale	Pendle AC		15.40	790
4	20	Jessica Taylor	Sale Harriers Manchester		15.47	781
5	16	Helen Morton	Horsham Blue Star H		15.60	764
6						
7						
8						

Women's 100m Hurdles - Race 3				Wind =	+0.4 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	22	Louise Wood	Chelmsford AC		13.70	1021
2	8	Catherine Holdsworth	Colchester Harriers		13.95	985
3	5	Karla Drew	Team Southampton		14.33	932
4	12	Katia Lannon	Sale Harriers Manchester		14.72	879
5	21	Gemma Weetman	Oswestry Olympians		14.77	872
6						
7						
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Women's 200m - Race 1				Wind =	+1.0 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	19	Serita Shone	Bournemouth AC		26.60	745
2	5	Karla Drew	Team Southampton		26.90	720
3	16	Helen Morton	Horsham Blue Star H		27.00	712
4	7	Sharon Heveran	Ireland		28.11	622
5	6	Natalie Farman	Herts Phoenix AC		28.13	621
6	11	Hayley Kruse	Herts Phoenix AC		28.33	605
7						
8						

Women's 200m - Race 2				Wind =	+2.2 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	15	Laura McGawn	Windsor Slough Eton & H		25.57	835
2	3	Lydia Chamberlin	Lincoln Wellington		26.11	788
3	12	Katia Lannon	Sale Harriers Manchester		26.37	765
4	17	Heidi Nicholas	Basildon AC		26.79	729
5	18	Jo Rowland	Crawley AC		27.32	685
6						
7						
8						

Women's 200m - Race 3				Wind =	-0.7 m/s	
Posn	Bib	Athlete	Country		Perf	Points
1	22	Louise Wood	Chelmsford AC		24.97	890
2	20	Jessica Taylor	Sale Harriers Manchester		25.59	833
3	21	Gemma Weetman	Oswestry Olympians		26.01	796
4	8	Catherine Holdsworth	Colchester Harriers		26.07	791
5	14	Eleanor Markendale	Pendle AC		26.22	778
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Women's 800m - Race 1					
Posn	Bib	Athlete	Club	Perf	Points
1	16	Helen Morton	Horsham Blue Star H	02:33.62	648
2	19	Serita Shone	Bournemouth AC	02:37.12	606
3	6	Natalie Farman	Herts Phoenix AC	02:37.22	605
4	17	Heidi Nicholas	Basildon AC	02:45.39	513
5	7	Sharon Heveran	Ireland	02:54.59	417
6	18	Jo Rowland	Crawley AC	DNS	
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Women's 800m - Race 2					
Posn	Bib	Athlete	Club	Perf	Points
1	21	Gemma Weetman	Oswestry Olympians	02:16.55	871
2	15	Laura McGawn	Windsor Slough Eton & H	02:19.31	833
3	20	Jessica Taylor	Sale Harriers Manchester	02:26.86	733
4	8	Catherine Holdsworth	Colchester Harriers	02:27.00	731
5	22	Louise Wood	Chelmsford AC	02:29.99	693
6	14	Eleanor Markendale	Pendle AC	02:30.43	687
7	5	Karla Drew	Team Southampton	02:34.41	639
8	3	Lydia Chamberlin	Lincoln Wellington	02:35.60	624
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships		VENUE		Northwood Stadium, Stoke		DATE		Saturday 13/06/2009					
EVENT		Senior Women's Shot Putt		TIME											
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	Signatures	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	
1	15	Laura McGawn	Windsor Slough Eton & H (SW)	10.05	10.37	NT	10.37	9				10.37	9	Judges' Signatures	
2	20	Jessica Taylor	Sale Harriers Manchester (SW)	9.96	9.30	9.34	9.96	11				9.96	11		
3	21	Gemma Weetman	Oswestry Olympians (SW)	9.73	10.47	10.25	10.47	8				10.47	8		
4	3	Lydia Chamberlin	Lincoln Wellington (SW)	10.44	10.54	11.09	11.09	5				11.09	5		
5	18	Jo Rowland	Crawley AC (SW)	11.35	10.93	NT	11.35	2				11.35	2		
6	12	Katia Lannon	Sale Harriers Manchester (SW)	NT	10.63	11.05	11.05	6				11.05	6		
7	7	Sharon Heveran	Ireland (SW)	9.95	9.67	10.15	10.15	10				10.15	10		
8	19	Serita Shone	Bournemouth AC (SW)	11.06	10.87	11.21	11.21	3				11.21	3		
9	8	Catherine Holdsworth	Colchester Harriers (SW)	10.84	11.23	11.48	11.48	1				11.48	1		
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships		VENUE		Northwood Stadium, Stoke		DATE		Saturday 13/06/2009					
EVENT		Shot Put Women - Pool B		TIME											
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	Signatures	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	
1	17	Heidi Nicholas	Basildon AC (SW)	7.45	7.21	7.33	7.45	16				7.45	16	Judges' Signatures	
2	11	Hayley Kruse	Herts Phoenix AC (SW)	9.25	9.10	9.04	9.25	13				9.25	13		
3	5	Karla Drew	Team Southampton (SW)	8.24	8.71	9.54	9.54	12				9.54	12		
4	14	Eleanor Markendale	Pendle AC (SW)	10.59	NT	9.55	10.59	7				10.59	7		
5	16	Helen Morton	Horsham Blue Star H (SW)	7.72	NT	8.91	8.91	15				8.91	15		
6	6	Natalie Farman	Herts Phoenix AC (SW)	9.18	8.08	8.62	9.18	14				9.18	14		
7	22	Louise Wood	Chelmsford AC (SW)	10.13	10.58	11.11	11.11	4				11.11	4		
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ENGLAND ATHLETICS: HEIGHT CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships				VENUE		Northwood Stadium, Stoke						DATE		13/006/2009					
EVENT		High Jump Women Pool A				TIME		11:40													
Order	No	NAME	CLUB	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	Best of All	Trials at Ht Cleared	Total Failures	Total Trials	Final Position	Signatures
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres					
1	14	Eleanor Markendale	Pendle AC (SW)	o	o	o	o	xo	xo	xxx						1.65				3	Judges' Signatures
2	18	Jo Rowland	Crawley AC (SW)	xo	o	xo	xxx									1.56				9	
3	5	Karla Drew	Team Southampton (SW)				o	o	xxo	o	xxx					1.68				2	
4	8	Catherine Holdsworth	Colchester Harriers (SW)	o	o	o	o	o	o	xxx						1.65				3	
5	21	Gemma Weetman	Oswestry Olympians (SW)		o	o	o	o	xxx							1.62				6	
6	12	Katia Lannon	Sale Harriers Manchester (SW)		o	o	o	xxo	xxx							1.62				6	
7	3	Lydia Chamberlin	Lincoln Wellington (SW)				o	o	o	o	xxo	xxx				1.71				1	
8	7	Sharon Heveran	Ireland (SW)				o	o	o	xxx						1.65				3	
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ENGLAND ATHLETICS: HEIGHT CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships				VENUE		Northwood Stadium, Stoke						DATE		13/006/2009							
EVENT		High Jump Women - Pool B				TIME																	
Order	No	NAME	CLUB	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	Best of All	Trials at Ht Cleared	Total Trials	Total Trials	Final Position	Signatures		
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres						Metres	
1	22	Louise Wood	Chelmsford AC (SW)	o	o	xxx										1.41					16	Judges' Signatures	
2	19	Serita Shone	Bournemouth AC (SW)					o	xxo	o	xxo	xxx				1.59					8		
3	17	Heidi Nicholas	Basildon AC (SW)					o	xxo	xxx						1.53					15		
4	16	Helen Morton	Horsham Blue Star H (SW)					xo	o	o	xxx					1.56					9		
5	20	Jessica Taylor	Sale Harriers Manchester (SW)			o	o	o	o	xo	xxx					1.56					9		
6	15	Laura McGawn	Windsor Slough Eton & H (SW)				o	o	o	o	xxx					1.56					9		
7	11	Hayley Kruse	Herts Phoenix AC (SW)					o	o	xxo	xxx					1.56					9		
8	6	Natalie Farman	Herts Phoenix AC (SW)				o	o	o	xo	xxx					1.56					9		
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships		VENUE		Northwood Stadium, Stoke				DATE		Sunday 14/06/2009										
EVENT		Women's Long Jump Pool A		TIME																		
Order	No	09-Sep	CLUB	1st Trial		2nd Trial		3rd Trial		Best of 3	Position after 3 Trials	4th Trial		5th Trial		6th Trial		Best of All	Final Position	Signatures		
				Metres		Metres		Metres		Metres			Metres		Metres		Metres					
1	22	Louise Wood	Chelmsford AC (SW)	5.75	+1.3	5.78	+0.4	5.60	+0.6	5.78	3							5.78	3	Judges' Signatures		
2	19	Serita Shone	Bournemouth AC (SW)	5.17	+1.2	5.12	+3.5	5.26	+0.3	5.26	8							5.26	8			
3	20	Jessica Taylor	Sale Harriers Manchester (SW)	5.47	+1.1	5.44	+2.0	5.59	+2.8	5.59	5							5.59	5			
4	15	Laura McGawn	Windsor Slough Eton & H (SW)	5.23	+0.7	5.39	+3.7	5.44	+1.4	5.44	7							5.44	7			
5	3	Lydia Chamberlin	Lincoln Wellington (SW)	5.77	-0.2	5.68	+1.7	5.47	+2.1	5.77	4							5.77	4			
6	12	Katia Lannon	Sale Harriers Manchester (SW)	5.17	-0.3					5.17	12							5.17	12			
7	14	Eleanor Markendale	Pendle AC (SW)	5.58	-0.3	5.51	+0.3	5.55	+2.8	5.58	6							5.58	6			
8	8	Catherine Holdsworth	Colchester Harriers (SW)	NJ	+1.2	5.88	+2.4	5.74	+3.0	5.88	1							5.88	1			
9	21	Gemma Weetman	Oswestry Olympians (SW)	5.62	+0.5	5.68	-0.2	5.88	+1.8	5.88	1							5.88	1			
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships				VENUE		Northwood Stadium, Stoke				DATE		Sunday 14/06/2009								
EVENT		Women's Long Jump Pool B				TIME		11:30				Champ. Rec										
Order	No	NAME	CLUB	1st Trial		2nd Trial		3rd Trial		Best of 3	Position after 3 Trials	4th Trial		5th Trial		6th Trial		Best of All	Final Position	Signatures		
				Metres		Metres		Metres	Metres			Metres		Metres		Metres		Metres				
1	5	Karla Drew	Team Southampton (SW)	5.26	+1.7	5.26	+2.9	4.93	+0.6	5.26	8							5.26	8	Judges' Signatures		
2	16	Helen Morton	Horsham Blue Star H (SW)	1.97	+1.4	5.08	+1.4	5.04	+4.1	5.08	13							5.08	13			
3	6	Natalie Farman	Herts Phoenix AC (SW)	5.00	+1.3	4.83	+2.1	5.19	+2.8	5.19	11							5.19	11			
4	7	Sharon Heveran	Ireland (SW)	4.87	+0.8	4.80	+2.6	4.94	+2.9	4.94	15							4.94	15			
5	17	Heidi Nicholas	Basildon AC (SW)	4.90	+0.5	5.00	+2.0	4.97	+1.4	5.00	14							5.00	14			
6	18	Jo Rowland	Crawley AC (SW)	5.09	+0.3	5.26	+2.1	5.17	+1.1	5.26	8							5.26	8			
7	11	Hayley Kruse	Herts Phoenix AC (SW)	4.47	-0.1	4.54	+0.5	4.59	+3.0	4.59	16							4.59	16			
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships		VENUE		Northwood Stadium, Stoke		DATE		Sunday 14/06/2009					
EVENT		Women's Javelin Pool A		TIME											
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	Signatures	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	
1	22	Louise Wood	Chelmsford AC (SW)	27.55	31.00	34.40	34.40	3				34.40	3	Judges' Signatures	
2	21	Gemma Weetman	Oswestry Olympians (SW)	32.20	33.63	32.46	33.63	4				33.63	4		
3	18	Jo Rowland	Crawley AC (SW)	28.99	30.19	30.16	30.19	6				30.19	6		
4	16	Helen Morton	Horsham Blue Star H (SW)	26.96	28.03	29.15	29.15	7				29.15	7		
5	6	Natalie Farman	Herts Phoenix AC (SW)	27.93	30.45	27.03	30.45	5				30.45	5		
6	15	Laura McGawn	Windsor Slough Eton & H (S)	39.03	38.33	38.00	39.03	2				39.03	2		
7	12	Katia Lannon	Sale Harriers Manchester (S)												
8	8	Catherine Holdsworth	Colchester Harriers (SW)	38.91	40.61	38.09	40.61	1				40.61	1		
9														Referee's Signature	
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ENGLAND ATHLETICS: DISTANCE CARD - COMBINED EVENTS

MEETING		Senior Women's Combined Events Championships		VENUE		Northwood Stadium, Stoke		DATE		Sunday 14/06/2009					
EVENT		Women's Javelin Pool B		TIME						Champ. Rec					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	Signatures	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	
1	7	Sharon Heveran	Ireland (SW)	24.67	27.18	NT	27.18	11				27.18	11	Judges' Signatures	
2	17	Heidi Nicholas	Basildon AC (SW)	18.41	19.02	20.89	20.89	15				20.89	15		
3	5	Karla Drew	Team Southampton (SW)	NT	21.71	22.48	22.48	14				22.48	14		
4	19	Serita Shone	Bournemouth AC (SW)	25.18	NT	24.61	25.18	13				25.18	13		
5	3	Lydia Chamberlin	Lincoln Wellington (SW)	27.83	28.89	28.93	28.93	9				28.93	9		
6	11	Hayley Kruse	Herts Phoenix AC (SW)	25.28	NT	23.93	25.28	12				25.28	12		
7	14	Eleanor Markendale	Pendle AC (SW)	27.07	29.11	26.00	29.11	8				29.11	8		
8	20	Jessica Taylor	Sale Harriers Manchester (27.84			27.84	10				27.84	10		
9														Referee's Signature	
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