

T56 Event T56 U20W 400m Final (From T9)

14 February 2009

14.25

UK Best: Marilyn Neufville, Cambridge H, 53.01, 1970

CBP : Meghan Beesley, Tamworth AC, 53.84, 2008

Posn	Bib	Athlete	Club	Perf		
1	48	Shelayna Oskan	Windsor Slough Eton & hounslow	55.79		
2	239	Mary Iheke	Unattached	56.16		
3	31	Lucy James	Bedford & County AC	56.35		
4	402	Frederica Foster	south london harriers	57.27		
5	40	Laura Maddox	Team Bath AC	57.86		
6	21	Carmen Gedling	Liverpool Harriers	59.34		
7						
8						

T9 **Event T9 U20W 400m Heats**

14 February 2009 12.25

**First 1 in each heat and 3 Fastest Losers to U20W 400m Final T56**

14 February 2009 14.25

UK Best: Marilyn Neufville, Cambridge H, 53.01, 1970

CBP : Meghan Beesley, Tamworth AC, 53.84, 2008

Heat	Posn	Bib	Athlete	Club	Perf	Remarks
1						
	1	48	Shelayna Oskan	Windsor Slough Eton & hounslow	56.68	Q
	2	295	Savannah Echel-Thomson	Phoenix AC	57.29	
	3	193	Adelle Tracey	Guildford & Godalming AC	57.38	
	4	236	Lauren Brennan	Southport Waterloo AC	58.09	
	5	43	Becky Mclinden	Wirral AC	58.30	
	6	398	Sophie Clark	Birchfield Harriers	61.01	
	7					
	8					

Heat	Posn	Bib	Athlete	Club	Perf	Remarks
2						
	1	239	Mary Iheke	Unattached	56.69	Q
	2	402	Frederica Foster	south london harriers	56.76	q
	3	21	Carmen Gedling	Liverpool Harriers	57.14	q
	4	237	Gemma Dawkins	Channel Isles AC	57.88	
	5	377	Laura Pacey	Wolverhampton & Bilston AC	61.50	
	6	49	Hollie Owen	Tamworth AC	64.30	
	7					
	8					

Heat	Posn	Bib	Athlete	Club	Perf	Remarks
3						
	1	31	Lucy James	Bedford & County AC	56.86	Q
	2	40	Laura Maddox	Team Bath AC	56.97	q
	3	6	Lauren Bouchard	Chelmsford AC	57.17	
	4	73	Sophie Wilkins	Marshall Milton Keynes AC	57.36	
	5	375	Ashleigh Williams	Newham & Essex Beagles AC	61.03	
	6					
	7					
	8					