

UK ATHLETICS: DISTANCE CARD

MEETING		UK Athletics Throws & Jumps Fest 2010				VENUE		Copthall Barnet				DATE		Saturday 07/08/2010					
EVENT		F19 LONG JUMP - WOMEN'S COMP 2				TIME		17:15		Pit 1		RECORD							
Order	No	NAME	AGE	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after	4th Trial	5th Trial	6th Trial	Best of All	Final Position					
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	uka			
1	124	Serita SHONE	SW	Cardiff AAC	5.61 -0.4	5.35 -1.7	NJ +0.7	5.61	5	5.59 -0.9	5.25 -4.4	NJ -1.2	5.61	5					
2	117	Imogen MILES	SW	Cardiff AAC															
3	103	Dee BAKRE	SW	Enfield & Haringey AC	NJ +1.0	NJ -1.3	5.49 +0.8	5.49	7	5.38 -1.4	5.26 -2.0	5.11 -1.4	5.49	7					
4	122	Laura SAMUEL	U20W	Leicester Coritanian AC	5.86 -0.1	5.74 -0.9	5.44 +0.5	5.86	3	5.29 -2.2	5.34 -0.8	5.57 -1.5	5.86	3					
5	119	Marilyn NAWAWULOR	U20W	Harrow AC	5.83 +0.4	5.94 -0.1	6.01 +0.2	6.01	1	5.43 -2.2		5.38 -0.8	6.01	1					
6	101	Sarah ABRAMS	U20W	Sutton & Dist AC	NJ +0.6	5.29 -0.7	5.20 +0.8	5.29	8	1.84 -3.1	NJ -0.9	5.14 -0.2	5.29	8					
7	129	Rhiannon YATES	U20W	Cardiff AAC															
8	109	Chanelle GARNETT	SW	Herne Hill Harriers	NJ +0.8	5.58 -0.4	NJ +1.2	5.58	6	NJ -1.7	4.13 -1.2	NJ -0.5	5.58	6					
9	126	Trecia SMITH	SW	Shaftesbury Barnet Harriers	NJ +0.6	5.93 +0.4	5.90 -0.5	5.93	2	6.00 -1.8	5.99 -1.9	5.94 -1.0	6.00	2					
10	107	Sonia CRAWLEY	SW	Birchfield Harriers	5.72 -0.9	5.79 +0.8	4.39 +0.5	5.79	4	5.42 -1.6	5.45 -0.1	5.62 -0.4	5.79	4					
11																			
12																			
13																			
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RESULT						RESULT						JUDGES' SIGNATURES	
Posn	No.	NAME	AGE	CLUB	DISTANCE	Posn	No.	NAME	AGE	CLUB	DISTANCE		
1	119	Marilyn NAWAWULOR	U20W	Harrow AC	6.01 +0.2	9							
2	126	Trecia SMITH	SW	Shaftesbury Barnet Harriers	6.00 -1.8	10							
3	122	Laura SAMUEL	U20W	Leicester Coritanian AC	5.86 -0.1	11							
4	107	Sonia CRAWLEY	SW	Birchfield Harriers	5.79 +0.8	12							
5	124	Serita SHONE	SW	Cardiff AAC	5.61 -0.4	13							
6	109	Chanelle GARNETT	SW	Herne Hill Harriers	5.58 -0.4	14						REFEREE'S SIGNATURE	
7	103	Dee BAKRE	SW	Enfield & Haringey AC	5.49 +0.8	15							
8	101	Sarah ABRAMS	U20W	Sutton & Dist AC	5.29 -0.7	16							