

# UK ATHLETICS: DISTANCE CARD

| MEETING |     | UK Athletics Throws & Jumps Fest 2010 |      |                             | VENUE     |           | Copthall Barnet |               | DATE           |           | Sunday 08/08/2010 |           |             |                |        |     |  |
|---------|-----|---------------------------------------|------|-----------------------------|-----------|-----------|-----------------|---------------|----------------|-----------|-------------------|-----------|-------------|----------------|--------|-----|--|
| EVENT   |     | F18 DISCUS - WOMEN'S COMP 1           |      |                             | TIME      |           | 16:10           | Outside Arena | RECORD         |           |                   |           |             |                |        |     |  |
| Order   | No  | NAME                                  | AGE  | CLUB                        | 1st Trial | 2nd Trial | 3rd Trial       | Best of 3     | Position after | 4th Trial | 5th Trial         | 6th Trial | Best of All | Final Position |        |     |  |
|         |     |                                       |      |                             | Metres    | Metres    | Metres          | Metres        |                | Metres    | Metres            | Metres    | Metres      |                | Metres | uka |  |
| 1       | 655 | Natalie WALSH                         | SW   | Wigan & Dist H AC           | NT        | 40.95     | NT              | 40.95         | 8              | 39.76     | NT                | NT        | 40.95       | 8              |        |     |  |
| 2       | 657 | Tesni WARD                            | U20W | City of Sheffield AC        | 44.49     | 45.01     | 43.30           | 45.01         | 6              | NT        | 39.97             | 43.16     | 45.01       | 6              |        |     |  |
| 3       | 608 | Sh.Ukaunagh BROWN                     | SW   | Blackheath & Bromley AC     |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 4       | 622 | Sarah HENTON                          | SW   | Blackburn Harriers & AC     | 46.26     | NT        | 49.13           | 49.13         | 3              | 48.01     | NT                | 47.52     | 49.13       | 4              |        |     |  |
| 5       | 605 | Emma CARPENTER                        | SW   | City of Manchester          |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 6       | 611 | Navdeep DHALIWAL                      | SW   | Birchfield Harriers         | 45.34     | NT        | 48.21           | 48.21         | 4              | 49.64     | 49.11             | 50.60     | 50.60       | 3              |        |     |  |
| 7       | 628 | Kirsty LAW                            | SW   | Shaftesbury Barnet Harriers | 48.16     | NT        | 46.52           | 48.16         | 5              | 46.68     | NT                | NT        | 48.16       | 5              |        |     |  |
| 8       | 637 | Jade NICHOLLS                         | SW   | Shaftesbury Barnet Harriers | 55.22     | 51.58     | NT              | 55.22         | 1              | 54.34     | 51.57             | 57.18     | 57.18       | 1              |        |     |  |
| 9       | 646 | Philippa ROLES                        | SW   | Swansea H                   | 55.21     | NT        | 54.26           | 55.21         | 2              | NT        | 56.87             | 55.20     | 56.87       | 2              |        |     |  |
| 10      | 621 | Eden FRANCIS                          | SW   | Birchfield Harriers         |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 11      | 634 | Jade MOORE                            | U20W | Birchfield Harriers         | 39.78     | NT        | 42.36           | 42.36         | 7              | 40.37     | 42.05             | NT        | 42.36       | 7              |        |     |  |
| 12      |     |                                       |      |                             |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 13      |     |                                       |      |                             |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 14      |     |                                       |      |                             |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 15      |     |                                       |      |                             |           |           |                 |               |                |           |                   |           |             |                |        |     |  |
| 16      |     |                                       |      |                             |           |           |                 |               |                |           |                   |           |             |                |        |     |  |

| RESULT |     |                  |      |                             | RESULT   |      |     |      |     | JUDGES' SIGNATURES |          |                     |  |
|--------|-----|------------------|------|-----------------------------|----------|------|-----|------|-----|--------------------|----------|---------------------|--|
| Posn   | No. | NAME             | AGE  | CLUB                        | DISTANCE | Posn | No. | NAME | AGE | CLUB               | DISTANCE |                     |  |
| 1      | 637 | Jade NICHOLLS    | SW   | Shaftesbury Barnet Harriers | 57.18    | 9    |     |      |     |                    |          |                     |  |
| 2      | 646 | Philippa ROLES   | SW   | Swansea H                   | 56.87    | 10   |     |      |     |                    |          |                     |  |
| 3      | 611 | Navdeep DHALIWAL | SW   | Birchfield Harriers         | 50.60    | 11   |     |      |     |                    |          |                     |  |
| 4      | 622 | Sarah HENTON     | SW   | Blackburn Harriers & AC     | 49.13    | 12   |     |      |     |                    |          |                     |  |
| 5      | 628 | Kirsty LAW       | SW   | Shaftesbury Barnet Harriers | 48.16    | 13   |     |      |     |                    |          |                     |  |
| 6      | 657 | Tesni WARD       | U20W | City of Sheffield AC        | 45.01    | 14   |     |      |     |                    |          | REFEREE'S SIGNATURE |  |
| 7      |     | Jade MOORE       | U20W | Birchfield Harriers         | 42.36    | 15   |     |      |     |                    |          |                     |  |
| 8      | 655 | Natalie WALSH    | SW   | Wigan & Dist H AC           | 40.95    | 16   |     |      |     |                    |          |                     |  |