

# UK ATHLETICS: DISTANCE CARD

MEETING		UK Athletics Throws & Jumps Fest 2010				VENUE		Copthall Barnet		DATE		Sunday 08/08/2010					
EVENT		F12 HAMMER - MEN'S COMP 1				TIME		13:40	Main Circle	RECORD							
Order	No	NAME	AGE	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after	4th Trial	5th Trial	6th Trial	Best of All	Final Position			
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	uka	
1	405	Chris BENNETT	SM	Shaftesbury Barnet Harriers	58.56	59.86	59.64	59.86	9	61.13	63.04	61.52	63.04	9	160		
2	411	Callum BROWN	U17M	City of Norwich AC	59.47	58.42	63.78	63.78	6	65.02	58.37	NT	65.02	8	170		
3	408	Michael BOMBA	SM	Liverpool Harriers & AC	67.03	64.57	65.22	67.03	3	65.48	63.88	64.40	67.03	5	180		
4	458	Chris SHORTHOUSE	SM	Notts AC	NT	60.97	58.47	60.97	8	59.46	NT	62.32	62.32	10	156		
5	409	Simon BOWN	SM	Newham & Essex Beagles AC	66.81	65.35	66.44	66.81	4	65.43	64.96	66.47	66.81	6	179		
6	404	James BEDFORD	SM	Birchfield Harriers	63.03	NT	62.37	63.03	7	67.41	66.62	NT	67.41	4	182		
7	469	Amir WILLIAMSON	SM	Newham & Essex Beagles AC	NT	65.07	NT	65.07	5	66.66	NT	65.10	66.66	7	178		
8	422	Mike FLOYD	SM	Sale Harriers Manchester	70.43	68.07	NT	70.43	1	69.93	69.07	68.92	70.43	2	197		
9	438	Matthew LAMBLEY	SM	City of Sheffield AC	68.99	NT	69.09	69.09	2	69.03	67.82	NT	69.09	3	190		
10	459	Alex SMITH	SM	Sale Harriers Manchester	NT	NT	NT			70.85	67.63	NT	70.85	1	199		
11																	
12																	
13																	
14																	
15																	
16																	

RESULT						RESULT						JUDGES' SIGNATURES	
Posn	No.	NAME	AGE	CLUB	DISTANCE	Posn	No.	NAME	AGE	CLUB	DISTANCE		
1	459	Alex SMITH	SM	Sale Harriers Manchester	70.85	9	405	Chris BENNETT	SM	Shaftesbury Barnet H	63.04		
2	422	Mike FLOYD	SM	Sale Harriers Manchester	70.43	10	458	Chris SHORTHOUSE	SM	Notts AC	62.32		
3	438	Matthew LAMBLEY	SM	City of Sheffield AC	69.09	11							
4	404	James BEDFORD	SM	Birchfield Harriers	67.41	12							
5	408	Michael BOMBA	SM	Liverpool Harriers & AC	67.03	13							
6	409	Simon BOWN	SM	Newham & Essex Beagles AC	66.81	14						REFEREE'S SIGNATURE	
7	469	Amir WILLIAMSON	SM	Newham & Essex Beagles AC	66.66	15							
8	411	Callum BROWN	U17M	City of Norwich AC	65.02	16							