

T55 Event T55 U20M 400m Final

28 February 2010

14.00

From Previous Round T25

CBP: David McCarthy, Celbridge AC, 46.66, 2002

UK Best : Mark Hylton, Windsor Slough & Eton AC, 46.56, 1995

FINAL	Posn	Bib	Athlete	Club	Perf		
	1	168	Jack GREEN	Kent AC	48.01		
	2	169	Jason HARVEY	Lagan Valley AC	48.76		
	3	177	Efekemo OKORO	Birchfield Harriers	49.13		
	4	162	Tim CROWE	Ireland	49.24		
	5	186	Paul SCANLAN	Woodford Green & Essex L	62.23		
	6	189	James WILTSHIRE	Cardiff AAC	DNF		
	7						
	8						

T25 Event T25 U20M 400m Semi-Finals

27 February 2010 16.15

First 2 in each heat and 2 Fastest Losers to Final T55 From Heats T10

28 February 2010 14.00

CBP: David McCarthy, Celbridge AC, 46.66, 2002

UK Best : Mark Hylton, Windsor Slough & Eton AC, 46.56, 1995

SEMI	Posn	Bib	Athlete	Club	Perf		
1	1	168	Jack GREEN	Kent AC	48.25	Q	
	2	186	Paul SCANLAN	Woodford Green & Essex L	48.38	Q	
	3	189	James WILTSHIRE	Cardiff AAC	49.28	q	
	4	159	Christian BYRON	Birchfield Harriers	50.04		
	5	150	Ross ALLEN	Rugby & Northampton AC	50.55		
	6	170	Thomas HINTON	Birchfield Harriers	51.79		
	7						
	8						
SEMI	Posn	Bib	Athlete	Club	Perf		
2	1	169	Jason HARVEY	Lagan Valley AC	49.22	Q	
	2	177	Efekemo OKORO	Birchfield Harriers	49.32	Q	
	3	162	Tim CROWE	Ireland	49.39	q	
	4	175	Richard MORRISSEY	Havering Mayesbrook AC	49.62		
	5	185	Sebastian RODGER	Crawley AC	50.35		
	6	160	Sam CONWAY	Cardiff AAC	50.87		
	7						
	8						

**T10 Event T10 U20M 400m Heats**
**27 February 2010 12.40**
**First 1 in each heat and 8 Fastest Losers to Semi-Finals T25**
**27 February 2010 16.15**

CBP: David McCarthy, Celbridge AC, 46.66, 2002

UK Best : Mark Hylton, Windsor Slough &amp; Eton AC, 46.56, 1995

Heat	Posn	Bib	Athlete	Club	Perf	Remarks
Heat 1						
	1	186	Paul SCANLAN	Woodford Green & Essex L	49.18	Q
	2	170	Thomas HINTON	Birchfield Harriers	50.10	q
	3	150	Ross ALLEN	Rugby & Northampton AC	50.29	q
	4	152	George BAKER	Cambridge & Coleridge AC	50.70	
	5	153	Thomas BARR	Ireland	51.60	
	6	163	Luke DANIEL	Enfield & Haringey AC	52.89	
	7					
	8					
Heat 2						
	1	168	Jack GREEN	Kent AC	49.69	Q
	2	159	Christian BYRON	Birchfield Harriers	50.07	q
	3	160	Sam CONWAY	Cardiff AAC	50.25	q
	4	127	Richard CURL	Solihull & Small Heath AC	50.51	
	5	187	Adam THOMSON	Liverpool Pembroke & Sefton H	DNF	
	6					
	7					
	8					
Heat 3						
	1	185	Sebastian RODGER	Crawley AC	49.67	Q
	2	189	James WILTSHIRE	Cardiff AAC	49.71	q
	3	175	Richard MORRISSEY	Havering Mayesbrook AC	49.92	q
	4	169	Jason HARVEY	Lagan Valley AC	50.25	q
	5	158			51.32	
	6	662	Errol HOUSTON	Enfield & Haringey AC	51.67	
	7					
	8					
Heat 4						
	1	162	Tim CROWE	Ireland	49.67	Q
	2	177	Efekemo OKORO	Birchfield Harriers	50.06	q
	3	151	Ashley APPELYARD	Doncaster	50.59	
	4	182	Stefan RICHARDS	Epsom & Ewell Harriers	51.05	
	5	164	Josh EADES	Marlborough Juniors	51.16	
	6					
	7					
	8					