

T54 U17W 3000m - FINAL

16.40

CBP : Lauren Proctor, Wakefield & District H & AC, 9:34.89, 2009

UK BEST : Emily Pidgeon, Gloucester AC, 9:17.9, 2005

FINAL					
POSN	BIB	ATHLETE	CLUB	PERF	COMMENTS
1	413	Charlotte TAYLOR	Nene Valley Harriers	10:02.83	
2	411	Beth SWORDS	Milton Keynes AC	10:17.49	
3	399	Susan SHIEL-RANKIN	Aldershot Farnham & Dist AC	10:19.91	
4	380	Chloe RICHARDSON	Halesowen A & CC	10:26.41	
5	410	Nicole SWAFFIELD	Windsor Slough Eton & H	10:28.31	
6	366	Bianca PEDERSEN	Blackpool Wyre & Fylde AC	10:33.76	
7	403	Sally SMITH	Wakefield & District H & AC	10:44.63	
8	386	Rebecca ROBINSON	Royal Sutton Coldfield	11:05.57	
9	283	Deborah HANNAH	Victoria Park Glasgow	11:06.94	