



ENGLAND ATHLETICS AVIVA  
U20 & U23 TRACK & FIELD CHAMPIONSHIPS & WORLD TRIALS  
19-20 JUNE 2010 @ BEDFORD INTERNATIONAL STADIUM



RESULTS

**T64 U23W 400m - FINAL**

20/06/2010

UK Best: -

CBP: Christine Ohuruogo, Newham & Essex Beagles, 52.43, 2005

FINAL

POSN	BIB	ATHLETE	CLUB	Perf
1	249	Laura MADDOX	Team Bath Ac	53.89
2	257	Emma PULLEN	Shrewsbury Ac	54.61
3	253	Shelayna OSKAN	Windsor Slough Eton	55.09
4	1101	Mary IHEKE		55.74
5	256	Harriet PRYKE	Manx Harriers	55.76
6	255	Jo PATTERSON	Ballymena	56.23
7	265	Maria THOMAS	Club De Atletismo Caja De Jaen	DNS
8	147	Rebecca WILLIAMS	Newport Harriers	SCR

**T9 U23W 400m - Heats**

19/06/2010

UK Best: -

CBP: Christine Ohuruogo, Newham & Essex Beagles, 52.43, 2005

HEAT 1

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	249	Laura MADDOX	Team Bath Ac	54.98	Q
2	255	Jo PATTERSON	Ballymena	56.50	Q
3	265	Maria THOMAS	Club De Atletismo Caja De Jaen	56.97	Q
4	147	Rebecca WILLIAMS	Newport Harriers	57.13	q
5	238	Lyndsey FAIRWEATHER	Harrow Ac	57.86	
6	216	Kate LAIDLLOW	Cambridge Harriers	58.91	
7					
8					

HEAT 2

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	257	Emma PULLEN	Shrewsbury Ac	55.00	Q
2	253	Shelayna OSKAN	Windsor Slough Eton	55.80	Q
3	256	Harriet PRYKE	Manx Harriers	55.91	Q
4	1101	Mary IHEKE		56.54	q
5	254	Emma PATON	Epsom And Ewell Harriers	57.22	
6	260	Racheal SHAW	Barnsley Athletic Club	58.54	
7					
8					