

T70 U23M 400m - FINAL

20/06/2010

UK Best: -

CBP: Robert Tobin, Basingstoke & Mid Hants AC, 46.27, 2004

FINAL

POSN	BIB	ATHLETE	CLUB	Perf
1	540	Luke LENNON-FORD	Birchfield Harriers	47.16
2	553	Matthew QUINE	City Of Sheffield Ac	47.64
3	510	Jamie BOWIE	Inverness Harriers Aac	47.83
4	547	Patrick NORTH	Swindon Harriers	48.23
5	561	Rhys SMITH	Sale Harriers Manchester	48.56
6	565	Sean WATSON	Shettleston Harriers	48.68
7	531	Scott HUGHSON	Edinburgh Ac	48.77
8	512	Iain BRAY	Basingstoke & Mid Hants Ac	49.14

T10 U23M 400m - Heats

19/06/2010

UK Best: -

CBP: Robert Tobin, Basingstoke & Mid Hants AC, 46.27, 2004

HEAT 1

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	553	Matthew QUINE	City Of Sheffield Ac	48.39	Q
2	561	Rhys SMITH	Sale Harriers Manchester	48.71	Q
3	536	Andrew KENDALL	Hillingdon Ac	48.97	
4	529	Nathan HILTON	Liverpool Pembroke	49.08	
5	527	Matthew HARRISON	Basildon Ac	49.26	
6	91	Glyn HAWKES	Loughborough Students Ac	49.34	
7	501	Samuel ADEYEMI	Herne Hill Harriers	49.72	
8	557	Tim SAYERS	Bath University	50.81	

HEAT 2

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	540	Luke LENNON-FORD	Birchfield Harriers	48.40	Q
2	565	Sean WATSON	Shettleston Harriers	48.48	Q
3	531	Scott HUGHSON	Edinburgh Ac	48.89	q
4	516	Daniel CASH	Tamworth Ac	49.42	
5	506	Daniel BARRY	Trafford Ac	49.79	
6	551	Andrei POBISCHAN	Wakefield	49.93	
7	504	Wayne ASHALL	Liverpool Pembroke & Sefton H	50.26	
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HEAT 3

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	510	Jamie BOWIE	Inverness Harriers Aac	48.04	Q
2	547	Patrick NORTH	Swindon Harriers	48.42	Q
3	512	Iain BRAY	Basingstoke & Mid Hants Ac	48.81	q
4	543	Tom MILLER	Cardiff Ac	49.16	
5	519	Harry DORAN	Liverpool Pembroke	49.45	
6	560	Chris SMITH	Wirral Ac	49.59	
7	544	James MOORCROFT	Team Kennet	50.78	
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