

T60 Event T60 U17M 3000m FINAL

09 August 2009

16.15

CBP: Jon Richards, Cornwall AC, 8:26.42, 1980

UK Best : Barrie Moss, Notts, 8:13.42, 1972

Heat	Posn	Bib	Athlete	Club	Perf.	Remarks
1	1	441	GORDON BENSON	LEEDS CITY AC	08:42.18	
	2	604	JACK GOODWIN	BEDFORD & COUNTY AC	08:44.53	
	3	607	JOSH GRACE	ALDERSHOT FARNHAM & DIST AC	08:46.15	
	4	510	KIERAN CLEMENTS	IPSWICH HARRIERS	08:51.12	
	5	900	SHAUN WEBB	IPSWICH HARRIERS	08:55.54	
	6	773	FERGUS O'REILLY	BOURNEMOUTH AC	08:56.92	
	7	425	IAN BAILEY	ALDERSHOT FARNHAM & DIST AC	08:58.01	
	8	541	ANDREW DEARIE	SHETTLESTON HARRIERS	08:59.37	
	9	520	BEN CONNOR	DERBY AC	08:59.66	
	10	884	DAVID VERNON	NITHSDALE AC	09:00.58	
	11	409	JORDAN ALI	IPSWICH HARRIERS	09:10.25	
	12	741	ANDREW MONAGHAN	LAGAN VALLEY AC	09:12.11	
	13	874	ELLIOT TODD	LEEDS CITY AC	09:16.39	
	14	405	KHALID AL-ABAIDY	ST ALBANS AC	09:18.71	
	15	627	KARNVIR HAYER	EALING SOUTHALL & MIDDLESEX	09:26.23	
	16	445	MATT BERGIN	BEDFORD & COUNTY AC	09:35.76	