

T63 U20W 400m - FINAL

20/06/2010

UK Best: Donna Hartley, Southampton City, 51.77, 1974

CBP: Gemma Nicol, Dunfermline & West Fife, 53.79, 2005

FINAL

POSN	BIB	ATHLETE	CLUB	Perf
1	263	Katherine SNOWDEN	Herne Hill Harriers	54.59
2	261	Katie KIRK	Lagan Valley Ac	55.11
3	266	Laura WAKE	Herts Phoenix Ac	55.31
4	89	Victoria OHURUOGU	Newham & Essex Beagles	55.37
5	140	Frederica FOSTER	South London Harriers	55.46
6	237	Savannah ECHEL-THOMSON	Phoenix Ac	55.70
7	246	Lucy JAMES	Bedford	56.48
8	233	Lauren BRENNAN	Southport Waterloo Ac	57.33

T7 U20W 400m - Heats

19/06/2010

UK Best: Donna Hartley, Southampton City, 51.77, 1974

CBP: Gemma Nicol, Dunfermline & West Fife, 53.79, 2005

HEAT 1

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	266	Laura WAKE	Herts Phoenix Ac	56.09	Q
2	263	Katherine SNOWDEN	Herne Hill Harriers	56.17	Q
3	140	Frederica FOSTER	South London Harriers	56.48	q
4	235	Lauren DOWNING	Coventry Godiva H	57.55	
5	94	Kaneesha JOHNSON		58.28	
6	258	Cally READ	Cannock & Stafford Ac	58.95	
7	232	Chloe BRADLEY	Doncaster Ac	59.17	
8	239	Rebecca FERGUSON	Gateshead Harriers	59.33	

HEAT 2

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	89	Victoria OHURUOGU	Newham & Essex Beagles	55.94	Q
2	233	Lauren BRENNAN	Southport Waterloo Ac	56.61	Q
3	237	Savannah ECHEL-THOMSON	Phoenix Ac	56.74	q
4	230	Amy ALLCOCK	Aldershot Farnham	57.87	
5	245	Georgina IVENS	Nene Valley Harriers	58.26	
6	262	Sarah SMITH	Victoria Park Glasgow	58.80	
7	270	Deborah WILLIS	Herts Phoenix Ac	59.87	
8	241	Krystal GALLEY	Blackheath	60.39	

HEAT 3

POSN	BIB	ATHLETE	CLUB	Perf	Qual
1	246	Lucy JAMES	Bedford	56.26	Q
2	261	Katie KIRK	Lagan Valley Ac	56.47	Q
3	252	Claire MOONEY	Ireland	57.12	
4	229	Yimika ADEWAKUN	Sutton	57.59	
5	231	Leah BARROW	Windsor Slough Eton	58.41	
6	267	Kerrell WALLEY	Newham	59.28	
7	243	Hanifa GREENWOOD	Birchfield Harriers	60.09	
8	250	Lucy MANSFIELD	Blackpool Wyre	61.45	